

OB/GYN Women's Health Center

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WARNING SIGNS OF PRETERM LABOR

Call us immediately if you are experiencing any one of these symptoms:

1. Uterine Contractions:

Four (4) or more per hour for consequent (2) hours– May be painless.

2. Menstrual Like Cramps:

Felt low in the abdomen- May be constant or come and go.

3. Lower and Dull Backache:

Lower back pain that may radiate to the sides or the front – not relieved by change of position.

4. Pelvic Pressure:

It may feel as though the baby is going to “Fall Out”.

5. Stomach Cramps:

You may have the feeling of “Gas Pains” with or without diarrhea.

6. Increase or change in Vaginal Discharge:

May become pink or brown – tinged, mucousy or watery.

7. A General feeling that something is NOT right:

You may just not feel well even without a specific cause.